

BIRTHING KIT FOUNDATION AUSTRALIA

How South Australian Rotarians can work towards this Rotary International Goal.

Saving mothers and children

“Nearly 6 million children under the age of five die each year because of malnutrition, poor health care, and inadequate sanitation. We expand access to quality care, so mothers and their children can live and grow stronger.”



The Birthing Kit Foundation Australia is based in South Australia and has been coordinating the production of simple birthing kits for women in the poorest parts of the world since 2006. These simple kits are assembled at Assembly Days and all Rotarians can help.

The kits are a simple and easy way to help prevent infection at the time of birth, an intervention supported by the UN for use in low resource settings. Clubs can be part of this by holding their own Assembly Day, donating to the Foundation to support kit production or the Foundation’s training programs or in-country kit production.

What’s in a kit?

One Plastic Sheet for a clean base for the birth.

Gloves and Soap for the midwife to have clean hands.

Gauze to wipe away birth secretions from the baby’s eyes.

A Sterile Scalpel Blade for a clean cut of the umbilical cord

3 Clean Ties to prevent bleeding from the umbilical cord.

Soap to wash the mother’s perineum to reduce the risk of infection.



Rotarians around the world want an improvement in maternal and infant health. Here is a club activity that gets members actively involved in supporting this goal.

Two Rotary projects in Africa distribute birthing kits.

Rotary Action Group for Reproductive, Maternal and Child Health in Nigeria distributes 10,000 kits per year.

Rotary Club of Makindye in Uganda distributes 1,000 kits a year.

To find out more about holding an Assembly Day for your club or donating, check out the Birthing Kit Foundation website www.bkfa.org.au
Call 08 8272 4525 or email Hilary on hilary@bkfa.org.au